

1. STANDARD MEAL

Day	Morning Snack	Lunch	Afternoon Tea
Monday	Homemade blueberry muffins (D)(E)(G)	Hainanese chicken rice, poached Chinese green with garlic sauce (D)(G) Juice pack	Watermelon
Tuesday	(V)Waffles with syrup (D,E,G)	Honey roast chicken and brown sauce, mix mushroom and green pea with mash potato (D)(E)(G) Juice pack	Rock Melon
Wednesday	Butter croissant (D)(E)(G)	Carbonara pasta with turkey ham, butter sweet corn and broccoli (D)(E)(G) Juice pack	Banana
Thursday	chicken and Cheese Wraps (D)(G)	Chicken and tomato pizza, butter herb carrot , and French bean (D)(E)(G) Juice pack	Apple
Friday	(V)Cheese stick (D,G)	Roasted chicken, cranberry sauce, grilled butter corn with pumpkin mashed potato (D) G) Juice pack	Honeydew