

## 2. STANDARD MEAL

| Day       | Morning Snack                                   | Lunch   | Afternoon Tea |
|-----------|---|---|---------------|
| Monday    | (V)Puff Pastry Cheese Stick<br><b>(D)(E)(G)</b> | Bangers and Mash<br>(Chicken Sausage)<br>served with<br>Caramelized Onion<br>and Baby carrot<br><b>(D)(G)</b><br>Juice pack | Rock Melon    |
| Tuesday   | Christmas cookies<br><b>(D)(E)(G)</b>           | BBQ Chicken Pizza<br><b>(D)(G)</b><br>Juice pack  | BANANAS       |
| Wednesday | <h1>Holiday</h1>                                |   |               |
| Thursday  | (V)Waffles with syrup<br><b>(D)(E)(G)</b>       | chicken and Cheese Quiche with<br>vegetables <b>(D)(E)(G)</b><br>Juice pack   | Apple         |
| Friday    | Chocolate chip cookie<br><b>(D)(E)(G)</b>       | Sukiyaki Chicken ,<br>Braised Leeks and Carrots with<br>Steamed Pearl Rice<br><b>(G)</b><br>Juice pack                      | Honeydew      |